



CHOOSING YOUR CONFIRMATION NAME

Your Confirmation Name

A name identifies us in a unique way, not just our physical selves, but who we are as person. One of the traditional practices in the Church at the time of Confirmation is choosing a name that will remind you of this sacrament. Your prayerful reflection will help you determine that name. You may want to recommit yourself to your Baptismal name since it expresses the relationship that exists between these two sacraments, especially after you reflect on its meaning and discover some of the people who shared your name in Christian history.

To take on a new name at Confirmation carries with it the idea that you are asking the Lord to change you. Remember that Jesus changed people's names, like Saul's name to Paul and Simon's name to Peter. You may want to choose the name of a saint who represents the type of Christian you wish to be or a saint who holds a particular meaning for you. Look at your birth date or baptismal date to see if they are on a particular saint's feast day. You may want to look at a saint who exemplifies love for others, concern for animals, love of teaching, courage, prayerfulness, or helping the poor and needy. It is important to learn as much as you can about your patron saint. After all, you are asking this saint to be your friend and advocate for the rest of your life.

Whether you decide to stay with your Baptismal name or pick a new name, we ask that you take the time to research and explore the root meaning of the name, for as Scripture says "Yahweh calls each of us by name."

Your Full Name: _____

Date: _____

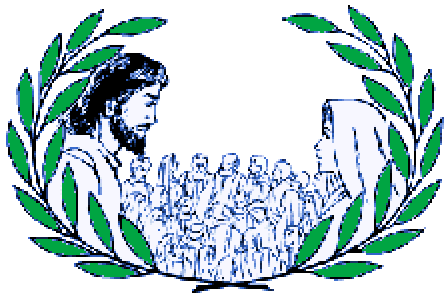
Please return to:

St. Matthew's Youth Ministry Office

335 Dover Chester Road

Randolph, NJ 07869

Resources for Saints' names, dates, professions, traits:



Catholic Online-Saints

<http://www.catholic.org/saints/>

Patron Saints Index

<http://www.catholic-forum.com/saints/indexsnt.htm>

<http://wordbytes.org/saints/names.htm>

Catholic Information Network - Catholic Saint Links

<http://www.cin.org/saintlink.html>

Roman Catholic Patron Saints

<http://www.americancatholic.org/Features/Saints/patrons.asp>